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# IPA+

Autism- training for inclusion

## MODULE 3- LEVEL II Self-assessment questionnaire



- 1. When there is a problem of serious behavior in which a person with ASD loses self-control and moves to the stage of explosion, we must:**
  - a) Clear the area preventing damage to that person and the others.
  - b) Talk to the person and try to negotiate a reward or punishment.
  - c) Grab the person and hold them tight, applying force and thus calming them down.
  - d) All of the above are correct.
  
- 2. Regarding the affective-sexual development of people with ASD:**
  - a) They have hardly any sexual interest
  - b) The intervention is restricted to adulthood
  - c) An important aspect is to work on the prevention of abuse
  - d) All of the above are correct
  
- 3. The intervention in affective-sexual education should include:**
  - a) To differentiate between public and private places
  - b) Social scripts of how to interact socially in an appropriate way
  - c) A good modeling by the family, professionals, educational center...
  - d) All of the above are correct
  
- 4. The intervention in the health and nutrition fields include:**
  - a) Sleeping habits
  - b) Sports and physical activity
  - c) Healthy eating guidelines
  - d) All of the above are correct
  
- 5. Point out the definition that most approximates to the daily life activities:**
  - a) A set of tasks that a person performs on a daily basis and that allow him or her to live autonomously and integrated into their environment
  - b) A set of activities within a person-centered planning that serve to develop autonomy
  - c) A set of tasks that a person does during the day alone
  - d) All of the above are correct
  
- 6. The TIC's are a useful resource to work with people with ASD because:**
  - a) They are predictable and they offer a stable environment to people with ASD
  - b) The main channel through which it is perceived is the auditory channel, as people with ASD perceive it
  - c) It has applications that allow us to increase aspects with communicative attention or intention
  - d) All of the above are correct
  
- 7. If we want to change inappropriate or disruptive behavior:**
  - a) We must always give an alternative behavior
  - b) We can help ourselves with visual norms on a board, transforming the auditory tasks into visual tasks.
  - c) We must avoid blaming or recriminating the person with ASD
  - d) All of the above are correct
  
- 8. To teach social skills, the following resources may be useful:**
  - a) The comparison of correct and incorrect situations or behaviors
  - b) The usage of cartoons or movies
  - c) The social modeling

d) All of the above are correct

**9. The structuring of the environment from the prism of the TEACCH methodology must:**

- a) Organize the environment to understand where the activities are carried out and where the materials are stored
- b) Establish clear/physical limits
- c) Minimize sensory distractions
- d) All of the above are correct

**10. The MCHAT is:**

- a) A diagnostic screening test that can be administered to children between 16-30 months old
- b) An intervention program focused on the person
- c) An early intervention model
- d) None of the above are correct

**11. Choose the correct characteristic that any process in early intervention must have:**

- a) The intervention must be intensive in all contexts
- b) The intervention should be administered only by specialists
- c) Following intervention plans according to age
- d) All of the above are correct

**12. Three important needs of person with ASD in a job are:**

- a) Less tolerance in routine tasks, the control of time and deficit in visuospatial skills
- b) The control of time, the flexibility when there are changes, and the prioritization of tasks.
- c) The prioritization of tasks, the control of time and the low tolerance to routine tasks.
- d) None of the above are correct

**13. Indicate which of the following statements is a communicative provocation:**

- a) To play the "I see" game
- b) To eat something that they like very much in front of them
- c) To make a puzzle
- d) None of the above are correct

**14. Choose the correct strategy to encourage a person with ASD to try new food items:**

- a) Putting a lot of food on the plate making them to at least eat one portion of it
- b) If we fail and they do not try the food, we try again a couple times until they eat it, without giving the food they like in between meals
- c) Favoring an entertaining environment using ICT
- d) None of the above is correct

**15. What is the correct denomination?**

- a) Behavior problems
- b) Problematic conduct
- c) Disruptive behavior
- d) None of the above is correct

**16. Strategies such as the usage of a list with the sequence of a process, the usage of cards with instructions or visual schedules refer to the intervention principle of:**

- a) Errorless teaching
- b) Structuring of tasks
- c) Ensuring communication
- d) None of the above is correct

**17. Choose the correct option:**

- a) Normally the goal of a person with ASD when they have a disruptive behavior is provocation.
- b) To avoid inappropriate behaviour it is important to create a routine environment without any change or variation. This is how we adapt better to them.
- c) Many “altered” behaviors of people with ASD can be ways of communicating their needs, rejecting situations...
- d) All of the above are correct

**18. Choose the correct option. ICTs can help develop:**

- a) The structuring of time and the sequencing of tasks
- b) The knowledge of the social world through social stories
- c) Communication, being able to function as a communicator
- d) All of the above are correct

**19. Choose the option that best defines the concept of comorbidity in ASD:**

- a) It is a diagnostic test through reading the eye movement
- b) There is another disorder involved, in addition to ASD and the interaction between the two
- c) Technique of the behavior modification within positive behavioral support
- d) None of the above are correct

**20. Which of the following options is adequate to intervene with an adult with ASD and an intellectual disability associated:**

- a) To develop skills oriented to employment in a day center
- b) Sign up for a volunteer program
- c) To start a sports activity in a civic center
- d) All of the above are correct