



# IPA+

Autism- training for inclusion

## MODULE 4 - LEVEL I Self-assessment questionnaire



**1. The TEACCH method facilitates:**

- a) **The organization of activities, time and context**
- b) Resource planning
- c) The development of exclusive materials of the school context
- d) The development of symbolic play

**2. Alternative and augmentative communication systems:**

- a) Are for people without verbal communication
- b) **Enhance the appearance of speech**
- c) Are worked after approximately 4 years
- d) Stop the appearance of speech

**3. The PECS method involves:**

- a) The usage of sign language
- b) **Exchange of symbols**
- c) Development of key words
- d) The usage of word and sign language

**4. The communication system of Benson Schaeffer implies:**

- a) Usage of sign language
- b) **Simultaneous usage of signs and words**
- c) Simultaneous usage of signs and symbols
- d) Usage of words and symbols

**5. What is the correct denomination?**

- a) Conduct problems
- b) **Problematic behaviors**
- c) Disruptive behavior
- d) Negative behavior

**6. The goal of positive behavioral support is:**

- a) To eliminate behaviors
- b) To modify behaviors
- c) **To substitute behaviors**
- d) To improve behaviors

**7. What criteria allow defining a problematic behavior?**

- a) Intensity, duration and frequency
- b) Intensity, duration, severity
- c) Duration, frequency, intentionality
- d) Intensity, frequency, the scenario where it occurs

**8. What are the two dimensions of quality of life?**

- a) Personal well-being and physical well-being
- b) Self-determination and personal relationships
- c) Rights and social participation
- d) Personal development and financial well-being

**9. Quality of life is:**

- a) Conditions of life desired by a person...
- b) Conditions of general population...
- c) Conditions of my social circle...
- d) Economic and social conditions...

**10. People with ASD, common to all:**

- a) Perceive and learn differently
- b) They do not enjoy social interactions
- c) They have difficulties following the ordinary educational curriculum
- d) They have special abilities related to memory

**11. Point out the correct answer. The following methods have at least some degree of scientific evidence and are recommended for intervention at any of our centers:**

- a) Promotion of social competences, therapy with animals, TEACCH system and behavioral interventions.
- b) Cognitive behavioral interventions, auditory integration and therapy with animals.
- c) Alternative/augmentative communication systems, TEACCH system, behavioral interventions and promotion of social competences.
- d) Promotion of social competences, diets, TEACCH system and sensory intervention.

**12. The structuring of the environment from the prism of TEACCH methodology must:**

- a) Organize the environment to understand where the activities are carried out and where the materials are stored
- b) Establish clear/physical limits

- c) Minimize sensory distractions
- d) All of the above are correct

**13. It is important to take into account the place where we put ourselves when it comes to supporting people with ASD with whom we work. We will place ourselves in front of them when we look for:**

- a) Social interaction, so that they pay attention, evaluation, HHSS and communicative work.
- b) Individual tasks, materials, more visual aids and less language. To capture their attention towards the object and the task. Less social requirement. Curricular skills.
- c) When they only have to pay attention to the object. Promoting independence, manipulative tasks or physical aids.
- d) None of the above are correct.

**14. When introducing a SAAC we must take into account:**

- a) That can only be done in those cases in which joint attention has been worked before, pragmatic language and communicative intention.
- b) It should only be done as the last option, because if they are not used well they reduce the appearance of speech.
- c) The success is possible if their haven't been previous experiences in which they have failed, that is, it should be introduced as a form of communication development.
- d) All the above are correct.

**15. The difficulties of people with ASD distinguishing between accidental behavior and intentional behavior, between desire and reality and between truth and lie refers to:**

- a) Theory of executive functions
- b) Theory of mind
- c) Comorbidity of ASD with schizophrenia
- d) None of the above are correct

**16. Indicate which of the following options is adequate to intervene in an appropriate manner with an adult with ASD and associated intellectual disability:**

- a) Develop skills oriented to employment in a day center
- b) Sign up for a volunteer
- c) Start a sports activity in a civic center
- d) All of the above are correct

**17. Point out the correct option:**

- a) Normally the goal of a person with ASD when they have disruptive behavior is provocation
- b) To avoid inappropriate behavior, it is important to create a totally routine environment without any change or variation. This is how we adapt better to these people.
- c) Many "altered" behaviors of people with ASD can be ways of communicating needs, rejecting situations...
- d) All the above are correct

**18. Strategies such as the use of lists with the sequencing of a process, the use of cards with instructions or visual schedules refer to the intervention principle of:**

- a) Learning without error
- b) Structuring of tasks**
- c) Ensure communication
- d) None of the above is correct

**19. Within a suitable environment for working with people with ASD, point out the wrong option:**

- a) Planned and predictable
- b) With many visual stimuli such as drawings, rules and panels that capture your attention**
- c) That follows a more or less routine structure
- d) All the above are correct

**20. Point out the correct answer. The following methods have at least some evidence and are recommended for intervention at any of our centers:**

- a) Promotion of social competences, therapy with animals, TEACCH system and behavioral interventions
- b) Cognitive behavioral interventions, auditory integration and therapy with animals.
- c) Alternative / augmentative communication systems, TEACCH system, behavioral interventions and promotion of social competences**
- d) All the above are correct