



IPAs+

Autism- training for inclusion

Module 3: Basic Principles and Strategies of Intervention



1. INTRODUCTION

Welcome to the Module 3: The role of families and/or carers.

This module aims to provide an overview of the unique contribution of the families and/or carers to a partnership with the professionals: in the diagnosis, education and treatment through the life cycle of the persons with autism.

You will learn how the different roles members of the family (parents, siblings and other relatives) can play in the process of inclusion in school and in the community by and large. The professionals must contribute to their empowerment.

You will be aware of the needs of the persons with autism and their families and how the professionals can help the families and carers to create the best quality of life for their children.

Love is necessary but is not enough. Parents will learn that there must be a balance between love and stimulation, support and education so the persons with autism can live and work in their environment.

We live in a changing world. New families, new professions and new strategies are needed to face the problems and the situations we are confronted in the present.

In this Module questions will be raised about the present and the future for people with autism and their families and carers.

2. OBJECTIVES

- To understand the unique needs of the families with a child with autism
- To know how to contribute to a sound partnership between families and professionals
- To be aware of the changing roles played by family and/or carers through the life cycle of a person with autism
- To be aware of the empowerment of parents and/or carers as teachers and learners

- To know the different contributions of each member of the family to the inclusion of the person with autism

3. COMPETENCES

Acquisition of the role of learner and trainer in the partnership families/carers/professionals

- To be able to use the knowledge of the different members of family and/or carers in the process of diagnosis, education and treatment of the person with autism
- To be able to explain the difference among love, stimulation and support in lifelong education and treatment
- Acquisition of the concept of empowerment of parents and carers

4. INDEX OF CONTENTS

Module 3: Basic principles and strategies of intervention

The role of family and/or carers

- The changing role of families through the different life stages of the person with autism
 - Partnership between parents and professionals; different roles
 - The role of the professional
 - Dimension professional/family
- Balance between love, stimulation, support, education
- Needs of the family
 - Characteristics of persons with autism throughout their life cycle
 - Dealing with persons with autism throughout their life cycle
 - The baby
 - The child
 - The adolescent
 - The adult
 - The Ageing Person

- The diagnosis
- A comprehensive parent education programme
- What is a practice centered in the family
- The roles of the different members of the family and their empowerment
 - The ten points to view the new way of thinking the roles of the family
 - The family as a system
 - Siblings interaction
 - Siblings are an important part of the system
 - The siblings
 - Support from extended family
 - New families
- New strategies – New families
 - Support to families
- Support from the community
- New services
- Cultural differences
- Inclusion in society

5. METHODOLOGY

Activity 1

View the presentation and the theoretical document of the module 3

Activity 2

(2 hours)

Read and analyse the articles online:

Autisme-Europe Position Paper on Care for Persons with Autisme Spectrum Disorder (ASD) - Chapters 1.3 – Social Inclusion; 2- A Participation Based Approach to ASD; 3. A Quality Based Approach to ASD (pages 10 to 13).

Write online a personal assessment of the main concepts exposed in the documents (maximum 2 pages)

Activity 3

(4 hours)

- Form small groups of trainees (4 to 5 people) online
- Each one present himself/herself to the group online
- Each one design 4 questions to a possible interview to a parent/carer/person of the family of a child or an adolescent
- The 4 questions will ask for 4 specific needs
- Choose online 4 questions (choose by vote among the questions presented) to a small interview script to ask parents or carers for their needs
- Discuss the questions online on a chat.
- Analyse the data and identify the needs of the family
- Discuss and share the data with the group of trainees through a chat

Activity 4

(4 hours)

Face to face meeting to discuss the needs the participants found and point out items for a training on that subject based on the bibliography.

Activity 5

Answer the questions of the online self-assessment test that consists of 15 multiple choice items among 4 answers.

The test will be sent through the online course platform

6. EVALUATION

For the module to be considered SUITABLE it will be necessary for the tutor of the module to consider that all the practices of the unit are suitable.

If any of the practices does not exceed the minimum requirements will be assessed as NOT SUITABLE and will be given a time for correction and re-submission.

For the activities to be considered as SUITABLE they must meet the following requirements:

- They must be delivered complying with all points and sections that are required.

- They must also have a minimum degree of dedication and work.
- They must be delivered within the expected period.
- They must follow the conceptual principles that will be facilitated in the presentation of the unit. Before conceptual errors, inadequate methodologies, vague or superficial information...it will be described as NOT SUITABLE.
- In the presentational face to face activity the tutor will personally assess the attitude, originality and participation on the tasks.

7. COMPLEMENTARY MATERIALS

The following materials will be provided for the realization of the module:

- Presentation on the contents of the module.
- Scientific articles and articles from parents/carers and family members
- Additional materials that you can consult online related to the module.
- Online self-assessment test

8. BIBLIOGRAPHY

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